



Summer Conference 2023

Event Overview

AT A GLANCE

Good nutrition is critical at all stages of life to ensure adequate intake of the essential amino acids, carbohydrates, essential fatty acids, vitamins and minerals that are needed to sustain life. As human bodies change significantly over time, and food is the fuel for those changes, the amounts of nutrients needed at varying life stages can differ significantly. The conference gave delegates a chance to explore the nutritional requirements across all stages of life as experts come together to discuss topics ranging from early nutrition during pregnancy, to the challenges faced for nutritionally vulnerable, elderly populations. Speakers also discussed some of the dietary modifications used for primary and secondary prevention of cardiovascular disease as well as the potential health impacts of food fortification and reformulation strategies.

CONFERENCE



Nutrition at key stages of the lifecycle



3-6 July 2023



The Hilton, Liverpool, UK

ATTENDEES



266
in-person delegates



15
countries reached



220
#NSSummer23 tweets. Click [here](#) to view.

PROGRAMME



97
Original communications



6
Symposium

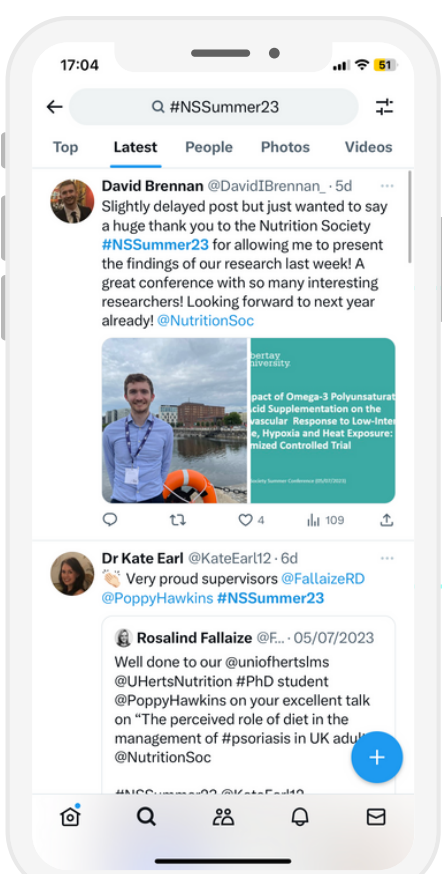


35
Guests speakers

GALLERY



TWEETS



Slightly delayed post but just wanted to say a huge thank you to the Nutrition Society #NSSummer23 for allowing me to present the findings of our research last week! A great conference with so many interesting researchers! Looking forward to next year already!

David Brennan

#careerhighlight at #NSSummer23 last week. Thank you to @NutritionSoc for the opportunity to present my review on #vitaminD enriched foods Grateful for the support from #bioD team @DrKirstyP, Dr Chris Gill, @EmmaMcDonald16 @DevenishNutri Dr Colin McRoberts@AFBI_NI

Erika Rosbotham

That's it for the @NutritionSoc Summer Conference in Liverpool! I feel grateful for getting to meet so many nutrition researchers from all over the UK, Ireland and beyond I also had the chance to present my own research, which was really fun #NSSummer23

Julia Haarhuis