



Monthly Activity Round-Up

September–October 2024

Governance

Trustee Board

The Trustee Board. The Trustee Board met on 17 October. They approved:

- Closing down the current Strategic Plan (2021–2026), and building a new 3–year Plan, to take effect in early 2025.
- To move to the next stage the negotiations with the Society’s publisher for a potential new contract.
- To continue with the Congress–style approach to the Society’s summer conference in 2026, to be held in Newcastle.
- A framework for the acknowledgment of the passing of past Presidents.
- To publish details of external support the Society has received in the past 12 months
- A new Code of Conduct for Volunteers with the Society
- A new Code of Conduct for Trustees of the Society.

Advisory Council.

The Advisory Council met on 16 October. In addition to reporting on progress and developments in their respective portfolios, the Council Members debated issues related to the Academia sector, leading to enhanced in–depth discussion of key issues. In addition, Council discussed how to identify essential topics for the Academy of Nutrition Sciences to lead on. The Council welcomed as members the new Chair and Vice–Chair from the recently established Early Career Member Section. They presented the findings from their first survey of the ECMs.

Science Committee.

The Science Committee, chaired by Professor Wendy Hall, met on 17 September. The committee reviewed the plans for all conferences taking place in the UK, Ireland and internationally up until the end of 2027. The committee received reports from the Theme Leads, the Editor–in–Chief of the *Proceedings of the Nutrition Society*, and the Parliamentary activities.

Finance Committee.

The Finance Committee, chaired by the Finance Manager, met on 16 September. The committee reviewed the year–to–date budget, undertook a long–term forecasting look at 2025 and 2026 (including risk management), reviewed progress being made to introduce targeted fundraising for projects in 2025, agreed new budgeting/reporting formats for conferences and external engagement, approved a policy to re–build the Society’s reserves to £1 million in the next 6 years, and approved the introduction of, limited, high quality merchandising in support of the Society’s brand awareness.

Society Members in Wales.

On 22 October the CEO and Membership Manager met in Cardiff with 12 Society Members to discuss the feasibility of creating a Welsh Section. Agreement was reached on a potentially successful way ahead.

External Partnerships

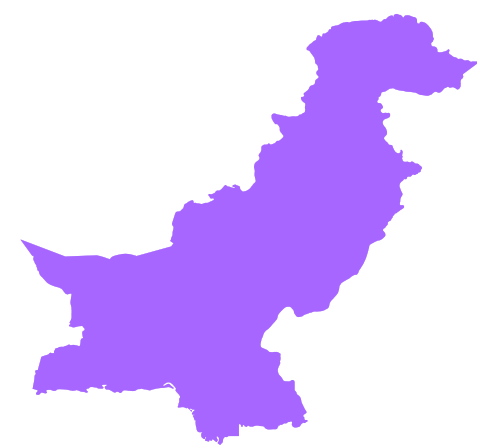
The Physiological Society.

Society staff met on 26 September with the Conference Planning Team with The Physiological Society and agreed a joint, one–day, conference in Scotland 1–2 September 2025 with a theme ‘Non–glycemic effects of insulin on homeostasis’.

International Collaborations

International Union of Food Science and Technology (IUFoST) Conference.

The Society exhibited its publications and Academy at the IUFoST Conference, held in Rimini, Italy, 8–11 September. Over 500 delegates visited the stand over the 3 days.



Pakistan Nutrition and Dietetics Society.

On 19 September the new Society Affiliate Members from the Pakistan Nutrition and Dietetics Society, joined the CEO and the Membership Team for the first virtual meeting to discuss the membership terms and conditions, and how they can participate in Society activities.

South Africa Nutrition and Dietetics Congress.

The Society exhibited its publications and Academy at the South African Nutrition and Dietetics Congress in Durban, 1–4 October. The Society also hosted a highly successful Scientific Writing for Publication workshop, attended by over 100 delegates. Over 300 delegates visited the stand over the 3 days. A series of bilateral meetings were held between the Society and the local societies as part of an ongoing capacity–building project.



African Nutrition Society.

The Society supported the 9th African Nutrition Society Congress, held 7–11 October in Cape Coast, Ghana. Support included hosting an exhibition promoting the Society’s publications, Academy and membership (90 new members joined the Society!), providing bursaries for 15 students across Africa to attend, hosting a governance development workshop, a Scientific Writing for Publication Workshop, and participation by the Society’s Global School Feeding Special Interest Group (SIG) in an African School Feeding 2–day Workshop. The Society’s President, Professor Mary Ward, delivered a plenary talk and also chaired sessions.

Scientific programmes

One–day Member–led Meeting.

On 4 September, a One–day Member–led Meeting was held at Ulster University, Belfast, Northern Ireland, UK. The theme was ‘Integrating evidence–based nutrition into primary care’.

Nutrition Futures.

The annual student–led Nutrition Futures conference was held at the NCVO building in London 12–13 September. Attended by 75 students, the usual mix of short Original Communications, career talks, and plenary talks, was very well received.